

**Name:**

Dr Michelle Swainson

BASES Accreditation via the Physiology, Pedagogy route.

**Job Role:**

Senior Lecturer; Lancaster University

**What led you to apply for BASES Accreditation?**

I have been teaching since 2011 and although I have Advance HE fellowship I had no subject specific recognition for my contributions to SES. I decided to prepare and submit an application following discussions with colleagues in the BASES E&T SIG. Despite engaging in research and previous sport science support I never felt I had enough evidence to have a successful application. I view my primary role as an educator so the Pedagogy route aligned more closely with my experience and evidence – I just needed a nudge!

**How has having BASES Accreditation helped you?**

I only gained Accreditation in Sept 2022 and already have a permanent post so at this stage I don't know if it helps me at an individual level but I do feel it adds some credibility to holding a committee member position in the E&T SIG. I feel proud that my years of providing SaES education have been recognised and the development of the competency profile has helped to identify areas for future CPD. At a programme level, having Accreditation supports our application for BUES.

**Why would you recommend BASES Accreditation to other Sport and Exercise Scientists?**

I think the process itself is a valuable exercise to start acknowledging your work. I was really surprised how much I had done and it has encouraged me to continue logging my activities, not only will this help at the re-accreditation stage but also for institutional PDR processes. There is a lot of great work going on with BASES but more people with BASES accreditation will help to showcase it as an organisation that supports and awards excellence within the domain. I know so many amazing scientists who primarily teach and have probably never thought about going for pedagogy accreditation, but they are the ones helping to develop the graduate pool and should absolutely gain recognition for their hard work.

### **Any general advice you have for potential applicants?**

- Think about your case study to identify a component of Pedagogy you have led/developed to positively influence the student journey. I designed a 3yr degree programme from scratch but my application focused on the development of 3 modules within our health performance pathway, with specific focus on employability and student experience.
- Start working your way through the competency profile. It is a bit confusing as it is not always clear how you can evidence competencies from a Pedagogy perspective so takes longer than you expect.
- As you complete your competency profile, start collating evidence as you go along e.g. copies of certificates, student feedback
- If you didn't do a BUES UG degree you need to acquire your transcripts and note the required credits for the core disciplines. You will need to get in touch with the current programme leader to sign off your paperwork. I left this to the last minute but this is worth getting sorted early.