

Case Study Guidelines

The case study must include the following headings:

- applicant's personal philosophy to their work
- explanation of the issue
- needs analysis carried out
- underpinning technical/theoretical rationale for the intervention
- the intervention package put in place including how this was conducted
- the resultant impact/outcome
- personal reflection/evaluation of the process.

Applicants should ensure the case study:

- reflects their ability to work within their domain of expertise
- is relevant to their domain of expertise
- fully adheres to and respects client confidentiality.
- has been carried out within the last 5 years

Applicants should adapt the case study to reflect their specific domain of expertise – research, client support work in sport or health or pedagogy, while still following the above structure.

In providing information with regards to their personal philosophy to support work, applicants should seek to back this up by providing practical evidence to support more philosophical statements.

